## **NAVIGATING** SCIENTIFIC PUBLICATIONS

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Scientific publications can provide helpful information when you are looking to learn more about a topic that is meaningful to you or your family's needs. While doctors often use scientific publications to educate themselves when making a treatment decision, you don't need a medical background to read one. Use this resource to familiarize yourself with the elements and terms that are commonly seen in different types of publications. Please be sure to discuss any questions you have with your healthcare provider.

First, it's important to understand the different parts that a publication may include.



Now that we've identified the different parts of a scientific publication, let's outline a helpful method for reviewing the different sections.

## GETTING STARTED

There are many different ways to review a publication. Below we've outlined one way that may be helpful for you. It can also be helpful to take notes or write down any questions you have as you read.



